

Me & My Relationships

Valuing Difference

Lesson

Vocabulary collaborate

Collaboration challenge!

negotiation
compromise
conflict
resolution

Give and take

insensitive
sensitive

How good a friend are you?

unhealthy relationship
verbal abuse
physical abuse
sexual abuse
uncomfortable touching
unsafe

Relationship cake recipe

assertive
passive
aggressive

Being assertive

emotions
emotional needs

Our emotional needs

non-verbal
body language
tone of voice
face-to-face

Communication

friendship
talking
listening

Qualities of friendship

listening skills
respect

Kind conversations

excluded
discrimination
prejudice

Happy being me

metaphor
diverse
multicultural society

The land of the Red People

sex
sexual orientation
gender identify
gender expression

Is it true?

embarrassed
reactions
consequences

It could happen to anyone

habit
addiction

Thinking about habits

Keeping Myself Safe

Right and Responsibilites

pros
 cons
 weigh up risk

Jay's dilemma

bullying
 cyberbullying

dare
 pressure
 resist pressure

Ella's diary dilemma

assessing risk
 pressure
 influence
 risk taking

personal information
 privacy settings

Play, like, share

drugs
 cigarettes
 alcohol

Drugs: true or false?

norms
 perception

risk taking
 assertive

responsibility

fact
 opinion
 biased
 unbiased

rights
 responsibilty
 duties

Rights, responsibilites and duties

voluntary group
 community group
 pressure (action) group

Mo makes a difference

costs
 wages
 salaries
 rent
 Fair Trade

Spending wisely

borrow
 loan
 credit
 debit
 interest

Lend us a fiver!

public services
 council
 vote
 elections
 councillors

Local councils

healthy choices

Getting fit

Being my Best

Growing and Changing

organs
body systems
perseverance
commitment
resilience
determination
patience
interpersonal skills

It all adds up!

Different skills

community
school community

My school community (2)

independence
responsibility

Independence and responsibility

personal qualities
celebrities

Star qualities?

wellbeing
resilience

How are they feeling?

trust
resilience
unwanted attention
unwanted touch

Taking notice of our feelings

separation
fostered

Dear Hetty

pubic hair
clitoris
vulva
vaginal opening
urinary opening
lips (labia)
penis
scrotum
testicles
foreskin
anus
wet dream
erection
stretch marks
crush

Changing bodies and feelings

puberty
genitalia
semen
menstruation
period
sanitary towel
tampon
menstruation cup
sanitary protection

Growing up and changing bodies

embarrassed
reactions
consequences

It could happen to anyone

hormones
compromise
respect
mood swings

Help! I'm a teenager - get me out of here!

in confidence
break a confidence
confidential

Dear Ash

prejudice
biological sex
sexual orientation
gender identity
gender expression
verbal abuse
physical abuse

Stop, start, stereotypes