

Me and My Relationships

Valuing Difference

Lesson

Vocabulary	feelings physical effects sad unhappy devastated miserable distressed lonely alone ignored isolated abandoned apologetic regretful remorseful rueful repentant aching sore excrutiating agonising painful happy delighted ecstatic joyful calm untroubled assured confident peaceful scaered frightened petrified terrified bothered	An email from Harold positive, healthy relationship respect responsibilities qualities excluded assertive aggressive negotiate	Ok or not ok? (1) friendly rude aggressive consequences face-to-face assertive compromise respectful	Ok or not ok? (2) collaborate collaboration collaborative teamwork	Human machines feelings physical effects	Different feelings facial expressions body language	When feelings change unkind tease bully pressure independent	Under pressure negotiation compromise	Can you sort it? body space invade	Islands sharing acquaintances	Friend or acquaintance? aggressive apologise	What would I do? similarities differences respect	The people we share our world with stereotype	That is such a stereotype! danger dangerous risk risky hazard hazardous	Danger, risk or hazard?
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Keeping Myself Safe

Picture Wise

privacy
privacy settings
security

How dare you!

dare
assertive

Medicines: check the label

medicine
drug
choices
social norm

Know the norms

persevere

Keeping ourselves safe

influence
consequences

Raisin challenge (2)

being responsible
reliable
trustworthy

Who helps us stay healthy and safe?

safe
healthy
rules
laws
rights
responsibility
United Nations

Rights and Responsibilities

It's your right

rules
democracy

How do we make a difference?

influence
opinion
respectful
courteous

In the news!

anti-social behaviour
witness

Safety in numbers

environment
conservation

Logo quiz

income
expenditure
essential

Harold's expenses

income tax
national insurance
VAT
deductions
public services

Why pay taxes?

individual
unique

What makes me ME!

choices

Making choices

Being My Best

Growing and Changing

Cross-curricular

SCARF Hotel

Harold's Seven Rs

My school community (1)

Basic first aid

Moving house

My feelings are all over the place!

All change!

Period positive

Secret or surprise?

Together

Volunteering is cool

balanced diet
wellbeing
mental health

refuse
reduce
re-use
rot
recycle
repair
re-think

community
first aid
injury
minor
accident
emergency
blood
nose bleed
choking
breathing
airway
unresponsive
casualty
burn
scald
wound
recovery

learning line
practice

compromise
hormones
puberty

puberty
pubic hair
eggs
sperm
penis
testicles
breasts
ovaries
womb
vagina
vulva
clitoris
labia

puberty
menstrual cycle

eggs
periods
menstruation
sanitary pads
tampons
menstruation cup

secret
surprise
uncomfortable feelings

uncomfortable feelings

marriage
live together
civil partnership
forced marriage

volunteer
wellbeing
connect
be active
be mindful
get creative
give to others