

Me & My Relationships

Valuing Difference

Keeping Myself Safe

Lesson

Vocabulary

Why we have classroom rules

rules  
safe  
responsibility  
work together

Thinking about feelings

feelings  
body language  
emotions  
safe  
support

Our feelings

feelings  
behaviour  
help  
feelings  
heal

Feelings and bodies

hurt  
family  
special people

Our special people balloons

friendship  
making up

Good friends

listening

How are you listening?

same  
different  
difference  
respect

Same or different?

unkind  
unkindness  
tease  
teasing  
bully  
bullying  
behaviour

Unkind. Tease or bully?

rules  
safe  
fair

Harold's school rules

special people  
qualities  
feelings

Who are our special people?

fair  
unfair  
kind  
unkind  
bullying

It's not fair!

energy  
food  
water  
air  
oxygen  
exercise  
sleep  
healthy  
dairy  
fruit  
vegetables  
sugar  
salt  
cereal  
meat

Healthy me

sleep  
rest  
grow  
tired

Super sleep

feelings  
worried  
nervous  
scared  
support  
unsafe

Who can help? (1)

feelings  
emotions  
loss  
lost

Harold loses Geoffrey

medicine  
safe  
harmful  
responsibility

What could Harold do?

Rights and Responsibilities

Being my Best

Growing and Changing

Good or bad touches?

Harold's wash and brush up

Around and about the school

Taking care of something

Harold's money

How should we look after our money?

Basic first aid

I can eat a rainbow

Eat well

Catch it! Bin it! Kill it!

Harold learns to ride his bike

Pass on the praise!

Harold has a bad day

Inside my wonderful body!

Taking care of a baby

Then and now

Who can help? (2)

Surprises and secrets

Keeping privates private

private  
trust  
privates

hygiene  
routine  
clean

environment  
responsibility

needs  
responsible  
responsibility  
rules

money  
cost  
bills  
spending  
afford

money  
bank  
coin  
note  
worth  
saving  
safe

first aid  
risk  
accident  
danger  
hazard  
kettle  
safe  
burn  
scald  
accident  
emergency

starchy  
dairy  
protein  
fruit  
vegetables  
vitamins  
portion

healthy  
fruit  
vegetables  
dairy  
meat  
sugar  
salt  
cereal

germs  
disease  
hygiene  
spread  
confidence  
achievement

learning  
practice  
make mistakes  
confidence  
achievement

praise  
support  
feedback  
encourage  
feelings

behaviour  
consequences  
special person  
promise

organ  
heart  
lungs  
intestines  
brain  
stomach  
oxygen  
digested

caring  
love  
attention

change  
growing

unkind  
unkindness  
tease  
teasing  
bully  
bullying  
witness  
experience  
getting help

surprise  
secret  
uncomfortable

privates  
private  
penis  
vulva  
hygiene