

Me & My Relationships

Valuing Difference

Keeping myself Safe

Lesson

Vocabulary

All about me

What makes me special

Me and my special people

Who can help me?

My feelings

My feelings (2)

I'm special, you're special

Same and different

Same and different families

Same and different homes

Kind and caring (1)

Kind and caring (2)

What's safe to go onto my body

What's safe to go into my body

Safe indoors and outdoors

Listening to my feelings (1)

Keeping safe online

R

special
practice
effort
same
different

special
favourite
same
different

family
help
special people
same
different

family
friends
help

feelings
happy
sad
emojis

feelings
happy
sad
kind
helpful

special
likes
dislikes
favourite

same
different
kind
unkind

same
different
different
family
home

same
different
different
home

kind
kindness

new friend
friendship
kindness

keep clean
keep safe

sleep
water
food
fresh air
cuddle
medicine
chemist
doctor

safe
unsafe
detective

safe
unsafe
tummy feelings
uncomfortable

safe
worried
tell
adult
trust

safe
worried
tell
adult
trust
address

Rights and Responsibilities

Being My Best

Growing and changing

Looking after my special people	Looking after my friends	Being helpful at home and caring for our classroom	Caring for our world	Looking after money (1)	Looking after money (2)	Bouncing back when things go wrong	Yes, I can!	Healthy eating (1)	Healthy eating (2)	Move your body	A good night's sleep	Seasons	Life stages	Life stages: who will I be?	Where do babies come from?	Getting bigger	Me and my body - girls and boys
family	friends	working together	environment	money	money	bounce back	try	food	food	exercise	exercise	seasons	growing	baby	family	baby	private parts
look after	look after	responsibility	litter	shop	save	encourage	try again	energy	exercise	heart	calm	spring	life cycles	child	baby	child	penis
help each other	help each other	helpful	electricity	buy	safe place	try again	bounce back	grow	sleep	muscles	sleep	summer	teenager	love	teenager	vulva	
be alone	be alone	caring	pollution	cost	pay			healthy	wash			autumn	adult	care	adult		
			recycling					fruit	healthy			winter	old age	grow			
								vegetable	energy			cycle					
								dairy	grow								